

May 16, 2017

The North Middlesex Regional School District School Committee places the following policy on the table for public review. Should you wish to make a comment on the policy, please email your comments to: info@nmrsd.org

Thank you.

IHAM Health Education Policy

IHAM-R Health Education Policy

HEALTH EDUCATION

The North Middlesex Regional School Committee is committed to a sound, comprehensive health education program as an integral part of each student's general education.

The health education program will emphasize information, skills, and the knowledge necessary for students to understand and appreciate the functioning and proper care of the human body. In addition, students will be presented with information regarding complex social, physical, and mental health problems, which they might encounter in society. In an effort to help students make intelligent choices on alternative behavior of serious personal consequence, health education will examine the potential health hazards of social, physical, and mental problems existing in the larger school community environment.

SOURCE: MASC

LEGAL REF.: M.G.L. [71:1](#)

HEALTH EDUCATION

Exemption Procedure

The North Middlesex Regional School District allows an exemption to be granted from a specific portion of health education curriculum on the grounds that the material taught is contrary to the religious beliefs and/or teachings of the student or the student's parent/guardian.

A request for exemption must be submitted in writing to the principal in advance of instruction, when possible, in that portion of the curriculum for which the exemption is requested. The request must state the particular conflict involved.

The principal will confer with the teacher to determine the length of time a student will be exempt. The teacher will develop an alternative activity for which the student will receive credit.

The principal will inform the parent/guardian of disposition of the request within a reasonable number of school days of receipt of the request.

SOURCE: MASC

LEGAL REF.: M.G.L. [71:1](#)

