

DECEMBER NEWSLETTER



Hi Families,

Welcome to December from SECC. We hope you had a wonderful Thanksgiving break celebrating in our new normal. This month opens up our 4th social thinking concept, 'Body in the Group', where we learn about how our bodies are viewed by our peers based on our actions. As we develop more social awareness about our bodies in the group we are able to develop better relationships. We will spend our days this month playing and learning with an emphasis on all of the holidays which occur this month as well as use our 5 senses to see, touch, taste, feel, and hear.

Some fun activities you can try at home this month include: count the # marshmallows you add to your hot cocoa, count the number of ornaments that are a certain color or size, have your child help decorate your house or make a gingerbread house and add in some simple 1-3 step directions. Write a letter to Santa, or write a thank you note for your Hannukah gifts (with help!) Use stickers. Bake some cookies, work on fine motor skills measuring, using a cookie cutter, and/or pushing in the decorations. Make popcorn using all of your senses or make a homemade bird feeder using a toilet paper roll, peanut butter and bird seed. Take a walk on a cool day, try to find a red robin. If it snows, build a snowman! Enjoy and discuss the change of seasons from Fall to Winter. Allow your child to be your guide, embark upon their interests.

Later this month we will be having a spirit week. See below:

Spirit Week of December 14-18

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| Monday, December 14th: | Holiday Hat or Hair Day: Santa hat, colored hair, snow hat, your choice! |
| Tuesday, December 15th: | Wear the holiday colors of your choice: red/white red/green, blue/gold! |
| Thursday, December 17th: | Pajama Day (but please no slippers, must wear regular shoes) |
| Friday, December 18th: | Wear a holiday outfit of your choosing: sweater, dress, shirt, etc. |

Our Holiday break begins with no school on Wednesday December 23 through Friday January 1st. We will be closed during those dates and return back in January on the 4th.



Your SECC Teachers