



North Middlesex Regional School District

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Daily Student Attestation

Prior to coming to school, every day, you must answer these questions for your child:

1. Do you have any of the following symptoms:
 - a. Fever of 100.0 degrees or greater, chills or shaking chills
 - b. New cough (not related to chronic condition)
 - c. Shortness of breath or difficulty breathing
 - d. Muscle or body aches
 - e. Headache *in combination with other symptoms and not related to chronic condition*
 - f. New loss of taste or smell
 - g. Sore throat
 - h. New nasal congestion or new runny nose (not related to seasonal allergies) *when in combination with other symptoms*
 - i. Nausea or vomiting
 - j. Diarrhea
2. Have you, or anyone you have been in close contact with in the last 72 hours, been diagnosed with COVID-19, or been placed on quarantine for possible contact with COVID-19?
3. Have you been asked to self-isolate or quarantine by a medical professional or a local public health official?
4. Have you traveled outside Massachusetts approved travel states in the last 14 days?

If your answer to any of these questions is a “yes”, please:

1. **Call the absence call-in line with the reason your child is out of school**
2. **Be specific when you call**
3. **Call your primary care for further instructions**

If you have answered “no” to all of these questions, please come to school!

Remember - for illness management at school, families need to:

1. Be specific on the absence call-in line with the reason your child is out of school. This is important in identifying illness trends.
2. Provide **4 contacts** that the school nurse can call if you are unavailable and your child is ill. These contacts need to be able to pick up your child.
3. If your contact information or that of your emergency contacts changes, please notify the secretaries at each school your children attend.

If your child becomes sick during the school day

4. If your child becomes sick during the school day, you will be called and advised of the need for dismissal. It is expected that your child will be picked up within 30 minutes. If your child presents with any of the above listed symptoms, they will need to wait in a designated isolation area until they are picked up.