





NMRSD Update Saturday, October 30, 2021

Bus Windows

Please keep in mind that with cold and wet weather, federal school bus guidelines still recommend that bus windows be open. We are continuing to advise Dee bus to keep bus windows open by at least one inch so please make sure that you remind your children taking the bus to dress appropriately. Even with the heat on, buses can still feel damp and cold. Thank you.

Dr. Dan Rosa Recording

For those of you that were unable to attend Dr. Rosa's presentation on student mental health on Tuesday, the session was recorded and can be found at:

■ Managing Teen Mental Health 10/26/21

Please take the time to view this at your leisure.

Mask Update

Commissioner Jeff Riley has extended the mask mandate through at least January 15th.

Any school that demonstrates a vaccination rate of 80% or more of staff and students through an attestation submitted to DESE may request a waiver to allow vaccinated individuals to go unmasked. A waiver can only be requested if approved by both the school committee and local health officials.

Footsteps to Brilliance

The Early Literacy Innovation Zone of North Central MA again is providing Footsteps2Brilliance, a comprehensive literacy app, to families with children birth to grade 3 for FREE. Please see the <u>attached flyer</u> to register your child.

- 1. Register for your free code at: www.myf2b.com/IZ
- 2. Download the apps for your app store

Re-Scheduled Virtual Coffee

Last week's virtual coffee has been rescheduled to Monday, November 1st at 4 pm. For Video: meet.google.com/vfc-wzau-yem

For Phone: (US) +1 484-416-2706 PIN: 194 998 043#

Fall Parent/Caregiver Information Series

Wednesday, November 3rd Internet & Social Media Safety Katie Greer (klgeer.com)

This presentation will be geared towards all parents/caregivers and students at both the middle and high school levels. As we all realize, technology is unavoidable, and this presentation will help both adults and students better understand the Internet and social media. Katie has done presentations all over the country and has been featured in several national media outlets. In addition, I have seen Katie present in every district I have worked in and have found her presentation to be engaging and informative for all parents and students.

Wednesday, November 10th How Do We Create Safe & Welcoming Schools for All Students? How Can We Support Our LGTBQ Students? Jeff Perrotti

This presentation will be geared towards parents/caregivers of all grade levels. Jeff is a renowned expert in the field of Gender Education - creating a Safe School Climate and the founding director of the Massachusetts Department of Elementary & Secondary Education's Safe Schools Program for Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning Students.

Important Dates

November 2021

2	No School - Election Day - District-wide Professional Development
11	No School - Veterans Day
22	K-8 Early Release - Parent Conferences High School in Session
23	K-8 Early Release - Parent Conferences High School in Session
24-26	No School - Thanksgiving Recess

Tentative Virtual Coffees

All coffees will be 30-minutes in length and will be held remotely. Please use the link below to join.

Tuesday, November 16th - 9:30 am Tuesday, December 21st - 4:00 pm Tuesday, January 18th - 9:30 am Tuesday, February 15th - 4:00 pm Tuesday, March 15th - 9:30 am Tuesday, April 12th - 4:00 pm Tuesday, May 31st - 9:30 am

The link for all coffees:

For Video: meet.google.com/vfc-wzau-yem

For Phone: (US) +1 484-416-2706 PIN: 194 998 043#

NMRSD Adopt a Spot Program

The NMRSD "Adopt a Spot" Program provides opportunities for companies, civic groups, and community members to adopt a "spot" (island/mulch bed/entryway) to create attractive, welcoming "oases" throughout the District. Adopters agree to invest "sweat equity" to maintain a spot at one of our schools, in return for which an Adopt a Spot sign recognizing the spot's adopter will be installed by the District. Adopters agree to maintain the area for one fiscal year (July-June) during the summer, fall, and spring seasons. Spots are available at all of our schools.

To begin the process of becoming a Spot Adopter, please contact Andrea Royer at 978-597-8713 ext. 1900 to find a spot that suits your interest and discuss guidelines.